



1 • SHADE A STRIPE FOR EVERY THING YOU REMEMBERED

Round 1: just looking. Round 2: after learning the category trick — one category on each finger. Shade the bar up from the bottom, *one stripe per remembered thing*.

Round 1
just looking

Round 2
with the category
trick

2 • WRITE THE NUMBERS

Round 1: I remembered things

Round 2: I remembered things

We sorted the tray into categories — one on each finger

3 • THINK LIKE A SCIENTIST

Which bar is taller? Your brain didn't grow between the rounds — so **what changed?** Tell someone the secret.
